



Wallet Wisdom

Marilyn August



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Successor Edition to
"Sound Bites for Healthy, Wealthy Living"
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Dedication

This book is dedicated to you living a rich, fulfilled lifestyle. Its words of wallet wisdom are intended to inspire a new way of thinking about your relationship to the money and the successes you desire. May it help you to:

- Take money out of the closet of secrecy
- Use credit conscientiously
- Be well paid for the gift you are to life
- Create personal peace through living a rich, fulfilled and purposeful life.

This book is also dedicated to my friends and teachers who believed in and supported me as well as to my seminar participants and coaching clients past and present who have inspired me with their commitment.

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Introduction

These words of Wallet Wisdom were collected over ten years of facilitating my Wealth & Wisdom Seminars for people from all walks of life and varied financial backgrounds. May they inspire you to take charge of your relationship to the money you now have, and the wealth wisdom you desire. Wealth is usually thought of as external (that which you see) dollars, but the wisdom to use your wealth well is internal.

Marilyn August, Business Advisor & Wealth Coach

Marilyn@MarilynAugust.com

www.marilynaugust.com



About Marilyn August

Marilyn found her life's work in the discoveries she made about money during her personal quest as she recovered from financial debt, drama and bankruptcy. She discovered that "money has emotional hooks most people don't even know exist. We are taught that we can use money to buy love, self-esteem, and status and just about anything else imaginable. When in fact, attaining not only wealth but wisdom is an internal journey to the core of our being."

Marilyn is the author of "Journey to Wealth & Wisdom." She is an inspirational speaker and master seminar facilitator. She speaks with the passion of personal experience and expertise developed as a corporate trainer for internally recognized corporations.

Marilyn August has been featured in the Los Angeles times as well as other national publications. She hosted "The Money Game" nationally syndicated radio show.



There is not enough money in the world
to fill up a hole in the Soul.



A checkbook out of balance
is a metaphor
for a life out of balance.

Balance your checkbook,
balance your life.



Scattered energy blocks money.
Focused energy attracts it.



Multiple pots allows for more gold to flow
into them

And a plan for the output
allows it to be used well.



Poor people save money.
Rich people move it around.



Being in debt is not a sin.
It is a circumstance.



There are no debtor's prisons in the U.S.
except the prison of your mind.



The quest to fit in
keeps us financially crippled.



Money is green pieces of paper
and round metal coins.
It is only an exchange of value.
It is not who you ARE.



How much wealth I allow myself
Is an indicator
of how I value myself.



Money is not logical!



You can't take emotions to the bank.



Put on your own financial oxygen mask
first,
then give to others
from your abundance.



Only in commitment is there
personal financial freedom.



An intention without action
is just a good idea.



You get paid for the contribution (your
gift)
you make to the game of life.



As I am more willing
to fully express my gift,
I am willing to be paid
more fully.



Substance abuse is substance abuse.
It makes no difference
what the substance is.
Money is just another substance.



Money addictions are
worse than alcohol addictions.
You can give up alcohol.



For many people, overspending is
a reflection of having no purpose
or meaning in their lives.



Take what works and build on it.
Take what doesn't work
and learn from it.



The best way to heal the past
is to get on with the present
AND do it differently.



Make a conscious decision to change
one negative behavior,
and an entire negative construct
falls like a house of cards.



Be a careful keeper of money words.
Words have power.



Money problems are
a convenient mask
to avoid intimacy.



Anger and hurt come from
self-betrayal
of our soul, our values,
and our value as human beings.



Fear of giving
is
fear of receiving.



Giving out of a sense of obligation
is perverted.



Guilt is the gift that keeps on giving...
and giving ...
... and giving ...



Worry is like a rocking chair.
It gives you something to do
and gets you nowhere.



You have to want you want
more than you want your old story.



Hold on to tomorrow's vision
while staying focused on today's reality.



Small, consistent action steps
lead to a track record of successes.

A track record of successes
leads to self-trust.

Self-trust leads to Wealth & Wisdom.



People who work just for money
help to create (self) debt.



Risk being well-paid for
living your passion!



Even good things take a while
to get used to.



Spend more time
talking about your dream
than your drama.



The ability to say NO
is the power to say YES.



You cannot manage money.
You can only manage yourself,
your relationship to the money you have,
and the wealth you desire.



Pain pushes, vision pulls.
Be prepared to flow with your vision.



A calling is a passion for life's work.
It is beyond choice.



Surround fear with facts.



Taking action
is letting God know
you're serious.



Budgets work about as well as diets.



Desperation costs money.



People do weird things
with money.
They just do.



Life is much simpler without fear.



Underneath pain is peace.



Conventional money wisdom
Is not always wise.



External debt is a reflection
of internal self-debt –
A lack of self-worth
mixed with a soup of
fear, denial, vagueness
and broken agreements.



Abundance is
where the extraordinary
becomes ordinary.



Wealth cannot penetrate
the wall of fear.



Money does not generate power.
Personal power generates money.



Money is a teacher –
It helps you learn about yourself,
your values, and how you operate
in your game of life.

Money is a window into your Soul.



Time is not money.
Money is creative, purposeful,
passionate energy,
along with a health dose of
commitment.



You can't change a mind set with
information
Unless you change behavior nothing
Changes



Use your strengths
Buy your weaknesses



Time is not money.
Money is generated through
Creativity
Along with a healthy dose
Of
Commitment



Beliefs are rooted in past experiences
Beliefs generate expectations

Expectations create reality



The problem with money problems is that
You can't solve the problem by focusing
on the problem.

You have to get outside of
the money problem to solve the problem.
Because it is never just about money.



For some reason, we expect that we should
know all about money

Before we know what we don't know.



Money gives us choices.
Nothing more and nothing less
More money gives you more choices

And Wisdom gives you the ability to
make
WISE CHOICES.



**For more information about
Marilyn August, Wealth Coach/Business Advisor
or to enroll in her teleconference program,
please contact her direct at**

Marilyn@MarilynAugust.com

www.marilynaugust.com

Marilyn August accepts a selected number of speaking engagements. If your company or association is looking for a unique topic, please contact her at the e-mail address above.